Helping the planet without sacrifice

At last a way of helping the planet that doesn't require you to stop doing what we enjoy. Instead you'll be more comfortable, save money and build our investments.

The sacrifice free action is retrofitting your home.

Retrofit means making your home more energy efficient. And that means you'll save a shed load of money on your bills, you'll be warm in winter and cool in summer, not to mention that your property will increase significantly in value.

I've done the work on my own Victorian end of terrace and we have the following outputs:

- Energy usage cut by 75%
- Warm and cosy for the first time in 40 years of living in the house
- A house worth in excess of £90K more that the equivalent house that hasn't been retrofitted

What is involved?
You'll be cutting out cold draughts, creating a bigger barrier between inside and outside, so the house stays at a steady temperature whatever the weather and adding sustainable heating and energy:

- Insulating with materials that have a low U value and a high thermal mass (so then you are warm in winter and cool in summer)
- Cutting out the uncontrolled air / draughts coming into the house, making it airtight
- Adding back in warmed, controlled air through a ventilation system
- Adding sustainable heating – air source heat pump / ground source heat pump
- Putting solar panels on your roof to fuel your own house and making some money by selling your excess back to the grid

First step

Find a retrofit co-ordinator to do a whole house assessment. They will then give you a plan for the work that needs to be done and you can then take it at your own pace. You can blitz and do it all in one go or you can take one room at a time.

For more information about retrofit and green living, go to my website:
ecorenovationhome.com

START YOUR JOURNEY TODAY

Beginner's Guide to Eco Renovation

Buy the book